

Hypnobirth
 Women's gatherings
 Reflexology
 Baby Massage
 Relaxation classes
 Active Birth
 Pregnancy Yoga
 Choices in childbirth

Classes at Conscious Conception and Birth Centre November to Jan 2012

Pregnancy Yoga Class, cost \$90/6 sessions	Starts Saturday 22 nd October 2-4pm (10 week term)
Introduction to Baby Massage Classes cost- \$20.00	Monday 24 th October 1-2pm
Introduction to Relaxation in pregnancy classes- cost \$20.00	Monday 24 th October 6-7pm
Baby reflexology-Tummy Aches, Digestion \$35 or \$60 for 2 classes	Wed 26 th October 9:30-11:30
Intro to Hypnobirth cost- \$30.00 per couple	Friday 28 th October 6:30-8:30pm www.joyousbeginnings.com.au
Introduction to Baby Massage Classes cost- \$20.00	Wed 2 nd November 9:30-10:30 www.joyousbeginnings.com.au
Introduction to Relaxation in pregnancy classes- cost \$20.00	Thurs 3 rd November 5-6pm www.joyousbeginnings.com.au
Radiant Pregnancy & Motherhood Healing Playshop. (\$50 per person, max 8 participants) Breathe more BLISS into your being. Let the love flow. Energise and empower the wise, connected, courageous mother in you.	Sunday November 6 th 12:30-3:30 radiantwoman.com.au
Synergy gathering- Practitioners & others are invited to join Ishara & Miriam for chai, chocolate cake and a free-flowing conversation. Where are the opportunities for mutual encouragement and support. This is an informal event, kids welcome.	Saturday 12 th November 4:15-5:30 radiantwoman.com.au
Active Birth Workshop- \$120.00 per couple	Sunday 13 th November 10-4pm
Choices in childbirth- FREE class	Wednesday 16 th November 6-8pm
Baby reflexology- Calm babies- behaviour \$35 or \$60 for 2 classes	Wed 23 rd November 9:30-11:30

Women's Blessing Circle-a celebration of womanhood-\$25.00(bookings essential, \$15.00 concession)	Sunday 27 th November 1:30-3:30 radiantwoman.com.au
Active Birth Workshop cost- \$120.00 per couple	Sunday 4 th December 10-4pm
Introduction to Baby Massage Classes cost- \$20.00	Wed 7 th December 9:30-10:30
Introduction to Relaxation in pregnancy classes- cost \$20.00	Thurs 8 th December 5-6pm
Intro to Hypnobirth cost- \$30.00 per couple	Thurs 8 th December 6:30-7:30
Choices in childbirth- FREE class	Wednesday 14 th December 6-8pm
Family Solstice Celebration & Candle Lighting Ceremony. In celebration of the light of the Summer Solstice sun and all the animals! Young children & their parents are especially welcome. (\$10 per family)	Saturday 17 th December 6:30-7:30 radiantwoman.com.au
New Year Renewal <i>for women & men</i> (\$50 per session - max 8 participants) Bring closure to the old year. Breath life into the new. Craft a powerful creative intention for who you are growing to be in 2012.	Friday Dec 30 th and Saturday Dec 31 st 9:30-12:30 radiantwoman.com.au
New Year Women's Blessing Circle (\$20 / \$15 conc) We welcome in the new year together, affirming our hopes & dreams for ourselves, the ones we love, and the greater community of Earth	Sunday 1 st January 1:30-3:30 radiantwoman.com.au
Introduction to Baby Massage Classes cost- \$20.00	Wed 11 th January 2012 9:30-10:30
Introduction to Relaxation in pregnancy classes- cost \$20.00	Thurs 12 th January 2012 5-6pm
Choices in childbirth- FREE class	Wednesday 18 th January 6-8pm
Radiant Pregnancy & Motherhood Healing Playshop. (\$50) Max 8 participants. Breathe more BLISS into your being. Let the love flow. Energise and empower the wise, connected, courageous mother in you.	Sunday 22 nd January 12:30-3:30 radiantwoman.com.au
Active Birth Workshop cost- \$120.00 per couple	Sunday 29 th January 10-4pm
Mums and bubs / meet and greet a midwife- \$5.00 entry	Every 2 nd and 4 th Monday of the month-ongoing (babies up to 6 months or crawling) 10-11:30 mums and bubs will not run in December and January.

Please contact CCBC to register interest before coming for a class
Phone 6196 0463 to register or email liza@ccbcwa.com.au
www.ccbcwa.com.au